

**March 2020
Prairie Wind Middle School
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

2 Granola Bar or Cold Cereal Yogurt Fruit Juice Milk	3 Mini Pancake Wraps Fruit Juice Milk	4 French Toast Sticks Syrup Fruit Juice Milk	5 Breakfast Pizza Fruit Juice Milk	6 Cinni-Minis Fruit Juice Milk
9 Cereal Bar or Cold Cereal Cheese Stick Fruit Juice Milk	10 Banana Oatmeal Breakfast Bar Fruit Juice Milk	11 Biscuit Sausage Patty Fruit Juice Milk	12 Mini Waffles Fruit Juice Milk	13 Cheese Omelet Juice Milk
16 Muffin or Cold Cereal Yogurt Fruit Juice Milk	17 Sausage & Cheese Breakfast Sandwich Fruit / Juice Milk	18 Bagel Cream Cheese Fruit Juice Milk	19 Ham & Cheese Breakfast Pocket Fruit Juice Milk	20 NO SCHOOL TEACHER WORKSHOP
23 Cinnamon Round or Cold Cereal Cheese Stick Fruit Juice Milk	24 French Toast Sticks Sausage Link Fruit Juice Milk	25 Breakfast Pizza Fruit Juice Milk	26 Pancakes Syrup Fruit Juice Milk	27 Donut Fruit Juice Milk
30 Breakfast Bread Or Cold Cereal Yogurt Fruit Juice Milk	31 Breakfast Sandwich Fruit Juice Milk			

OFFER

FYI

Nutrition Fact

Cold Cereal will be
offered daily

**MENUS
SUBJECT TO
CHANGE**

Start your day
right with a
healthy
breakfast