

**February 2020  
Heart Of The Lakes  
Breakfast Menu**



All meals include choice of  
Chocolate Skim, 1% or Skim Milk

<p align="right">3</p> <p><b>Cereal Bar Cheese Stick</b> Fruit Juice Milk</p>	<p align="right">4</p> <p><b>Bagel Cream Cheese</b> Fruit Juice Milk</p>	<p align="right">5</p> <p><b>Biscuit Sausage Patty</b> Fruit Juice Milk</p>	<p align="right">6</p> <p><b>Waffles Syrup</b> Fruit Juice Milk</p>	<p align="right">7</p> <p><b>Cinnamon Roll</b> Fruit Juice Milk</p>
<p align="right">10</p> <p><b>Oatmeal Breakfast Bar Cheese Stick</b> Fruit Juice Milk</p>	<p align="right">11</p> <p><b>Sausage &amp; Cheese Breakfast Sandwich</b> Fruit/Juice Milk</p>	<p align="right">12</p> <p><b>Mini Pancakes Syrup</b> Fruit Juice Milk</p>	<p align="right">13</p> <p><b>Breakfast Pizza</b> Fruit Juice Milk</p>	<p align="right">14</p> <p><b>NO SCHOOL  TEACHER WORKSHOP</b></p>
<p align="right">17</p> <p><b>Banana Bread Yogurt</b> Fruit Juice Milk</p>	<p align="right">18</p> <p><b>Cinni Minis Cheese Stick</b> Fruit Juice Milk</p>	<p align="right">19</p> <p><b>French Toast Sticks/Syrup</b> Fruit Juice Milk</p>	<p align="right">20</p> <p><b>Muffin Yogurt</b> Fruit Juice Milk National Muffin Day</p>	<p align="right">21</p> <p><b>Mini Cream Cheese Filled Bagels</b> Fruit Juice Milk</p>
<p align="right">24</p> <p><b>Granola Bar Cheese Stick Gold Fish</b> Fruit Juice Milk</p>	<p align="right">25</p> <p><b>Breakfast Pizza</b> Fruit Juice Milk</p>	<p align="right">26</p> <p><b>Dutch Waffle</b> Fruit Juice Milk  Ash Wednesday</p>	<p align="right">27</p> <p><b>Pancake On A Stick</b> Fruit Juice Milk</p>	<p align="right">28</p> <p><b>Yogurt Parfait</b> Fruit Juice Milk</p>

**OFFER**

Cold Cereal will be offered daily

**FYI**

**MENUS  
SUBJECT TO  
CHANGE**

**Nutrition Fact**

Start your day right with a healthy breakfast