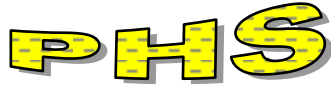


**September 2019
High School
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

2 NO SCHOOL LABOR DAY	3 Breakfast Pizza Fruit Juice Milk	4 French Toast Sticks/Syrup Fruit Juice Milk	5 Cream Cheese Bagel Bites Fruit Juice Milk	6 Muffin Yogurt Fruit Juice Milk
9 Cereal Bar or Cold Cereal Yogurt Fruit Juice Milk	10 Sausage & Cheese Breakfast Sandwich Fruit/Juice Milk	11 Pancake On A Stick Fruit Juice Milk	12 Oatmeal Breakfast Bar Cheese Stick Fruit Juice Milk	13 Breakfast Pizza Fruit Juice Milk
16 Muffin or Cold Cereal Cheese Stick Fruit Juice Milk	17 Yogurt Parfait Fruit Juice Milk	18 Mini Donuts Cheese Stick Fruit Juice Milk	19 Waffles Syrup Fruit Juice Milk	20 Cinnamon Roll Fruit Juice Milk
23 Granola Bar or Cold Cereal Yogurt Fruit Juice Milk	24 Mini Pancakes Syrup Fruit Juice Milk	25 Cinni Minis Fruit Juice Milk	26 Mini Bread Loaf Cheese Stick Fruit Juice Milk	27 Breakfast Pizza Fruit Juice Milk
30 Cereal Bar or Cold Cereal Yogurt Fruit Juice Milk				

OFFER

FYI

Nutrition Fact

Cold Cereal will be offered daily

**MENUS
SUBJECT TO
CHANGE**

Start your day right with a healthy breakfast