

April 2019
Heart Of The Lakes Elementary
Lunch Menu



All meals include choice of
 Chocolate Skim, 1% or Skim Milk

1

BBQ Chicken On
 A Bun
 Scalloped Potato
 Broccoli
 Fruit
 Milk

2

Beef Tacos
 Spanish Rice
 Refried Beans
 Diced Tomatoes
 Fruit
 Milk

3

BBQ Riblet/Bun
 Potato Rounds
 Romaine/Dressing
 Carrots & Cukes
 Fruit
 Milk

4

Chicken Gravy
 Mashed Potatoes
 Corn
 Dinner Roll
 Fruit
 Milk

5

Pizza
 Green Beans
 Carrots/Ranch
 Fruit
 Milk

8

Spaghetti/Meat
 Sauce
 Garlic Toast
 Romaine/Dressing
 Cherry Tomatoes
 Fruit
 Milk

9

Chicken Nuggets
 French Fries
 Baked Beans
 Dinner Roll
 Fruit
 Milk

10

Mac & Cheese
 Broccoli/Ranch
 Baby Carrots
 Breadstick
 Fruit
 Milk

11

Meatballs
 Mashed Potatoes
 Glazed Carrots
 Dinner Roll
 Fruit
 Milk

12

Cheese Lasagna
 Mixed Vegetable
 Garlic Toast
 Fruit
 Milk

15

Chicken Patty On
 Bun
 Curly Fries
 Romaine/Ranch
 Fruit
 Milk

16

Italian Dunkers
 Marinara Sauce
 Green Beans
 Carrots
 Fruit
 Milk

17

Taco In A Bag
 Refried Beans
 Rice
 Salsa/Lettuce
 Fruit
 Milk

18

Cheeseburger
 Smiley Potatoes
 Celery Sticks
 Carrots/Ranch
 Fruit
 Milk

19

NO SCHOOL
 SPRING BREAK

22

Hamburger/Bun
 Tots
 Glazed Carrots
 Romaine/Ranch
 Fruit
 Milk

23

Chicken Fajita
 Romaine/Ranch
 Salsa
 Red & Green
 Peppers
 Fruit
 Milk

24

Sloppy Joe/Bun
 Smile Potatoes
 Cucumbers
 Fruit
 Milk

25

Chicken Nuggets
 Potato Rounds
 Mixed Vegetable
 Fruit
 Milk

26

Hot Dog/Bun
 Baked Beans
 Grape Tomatoes
 Fruit
 Milk

29

Mandarin Orange
 Chicken Over
 Rice
 Broccoli
 Fruit
 Milk

30

Corn Dog
 Baked Beans
 Carrots
 Fruit
 Milk



Please take 3 of
 Food Components
 offered. One MUST
 BE fruit/vegetable
 to be counted as
 reimbursable meal

**MENUS
 SUBJECT TO
 CHANGE**

**Meat
 Fruit/Vegetable
 Bread
 Milk**

**Cold Sandwich
 Option offered
 everyday**

This institute is an equal opportunity
 provider and employer.