

March 2019
PWMS
Lunch Menu



All meals include choice of
Chocolate Skim, 1% or Skim Milk

				1 Chicken Taco Fajita Vegetables Rice Veggie Bar Fruit Milk
4 Teriyaki Chicken Over Rice Corn Veggie Bar Fruit Milk	5 Spaghetti/Meat Sauce Garlic Toast Veggie Bar Fruit Milk	6 Italian Dunkers Marinara Sauce Green Beans Veggie Bar Fruit Milk ASH WEDNESDAY	7 Build Your Own Sub Chips Veggie Bar Fruit Milk	8 Fish Sandwich Fries Baked Beans Veggie Bar Fruit Milk
11 SW Burger Crinkle Fries Veggie Bar Fruit Milk	12 Alfredo Broccoli Breadstick Veggie Bar Fruit Milk	13 Taco In A Bag Refried Beans Rice Veggie Bar Fruit Milk	14 Chicken Strips Fries Corn Veggie Bar Dinner Roll Fruit Milk	15 Lasagna Garlic Toast Broccoli Veggie Bar Fruit Milk
18 Meatballs Mashed Potatoes Glazed Carrots Dinner Roll Veggie Bar Fruit Milk	19 Mandarin Orange Chicken Over Rice Fajita Vegetables Veggie Bar Fruit Milk	20 Tater Tot Hotdish Dinner Roll Veggie Bar Fruit Milk	21 Beef Tacos Spanish Rice Corn Veggie Bar Fruit Milk	22 NO SCHOOL TEACHER WORKSHOP
25 Popcorn Chicken Potato Rounds Dinner Roll Veggie Bar Fruit Milk	26 Chicken Gravy Mashed Potatoes Dinner Roll Veggie Bar Fruit Milk	27 Build A Burger Tots Baked Beans Veggie Bar Fruit Milk	28 Breakfast For Lunch Veggie Bar Fruit Milk	29 Mac & Cheese Broccoli Breadstick Veggie Bar Fruit Milk

OFFER

**Cold Sandwich,
Hot Sandwich
& Pizza Option
will be offered
everyday**

FYI

**MENUS
SUBJECT TO
CHANGE**

**Food
Components**

**Meat
Fruit/Vegetable
Bread
Milk**

**MUST TAKE 3!!!
ONE OF 3 MUST
BE FRUIT OR
VEGETABLE FOR
REIMBURSEABLE
MEAL**

This institute is an equal opportunity
provider and employer.