

**March 2019
Prairie Wind Middle School
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

				Breakfast Pizza Fruit Juice Milk 1
Cereal Bar or Cold Cereal Cheese Stick Fruit Juice Milk 4	Sausage & Cheese Breakfast Sandwich Fruit/Juice Milk 5	Cheese Omelet Fruit Juice Milk 6	Biscuits & Gravy Fruit Juice Milk 7	Mini Pancakes Syrup Fruit Juice Milk 8
Muffin or Cold Cereal Cheese Stick Fruit Juice Milk 11	Mini Pancake Sausage Wraps Fruit Juice Milk 12	Breakfast Burrito Fruit Juice Milk 13	French Toast Sticks/Syrup Sausage Link Fruit Juice Milk 14	Dutch Waffle Fruit Juice Milk 15
Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk 18	French Toast Sticks/Syrup Fruit Juice Milk 19	Cinnamon Roll Fruit Juice Milk 20	Breakfast Pizza Fruit Juice Milk 21	NO SCHOOL TEACHER WORKSHOP 22
Cereal Bar or Cold Cereal Cheese Stick Fruit Juice Milk 25	Breakfast Pizza Fruit Juice Milk 26	Cinni Minis Fruit Juice Milk 27	Sausage & Cheese Breakfast Sandwich Fruit/Juice Milk 28	Mini Donuts Cheese Stick Fruit Juice Milk 29

OFFER

Cold Cereal will be offered daily

FYI

**MENUS
SUBJECT TO
CHANGE**

Nutrition Fact

Start your day right with a healthy breakfast