

**February 2019
Heart Of The Lakes
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

				<p align="right">1</p> <p>Oatmeal Breakfast Bar Cheese Stick Fruit Juice Milk</p>
<p align="right">4</p> <p>Muffin or Cold Cereal Cheese Stick Fruit Juice Milk</p>	<p align="right">5</p> <p>Frudel Cheese Stick Fruit Juice Milk</p>	<p align="right">6</p> <p>Breakfast Pizza Fruit Juice Milk</p>	<p align="right">7</p> <p>Yogurt Parfait Fruit Juice Milk</p>	<p align="right">8</p> <p>Donut Cheese Stick Fruit Juice Milk</p>
<p align="right">11</p> <p>Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk</p>	<p align="right">12</p> <p>Dutch Waffle Fruit Juice Milk</p>	<p align="right">13</p> <p>Pancake On A Stick Fruit Juice Milk</p>	<p align="right">14</p> <p>Mini Bread Loaf Cheese Stick Fruit Juice Milk</p>	<p align="right">15</p> <p>NO SCHOOL TEACHER WORKSHOP</p>
<p align="right">18</p> <p>Cereal Bar or Cold Cereal Cheese Stick Fruit Juice Milk</p>	<p align="right">19</p> <p>Breakfast Pizza Fruit Juice Milk</p>	<p align="right">20</p> <p>Mini Bagel Bites Fruit Juice Milk</p>	<p align="right">21</p> <p>French Toast Sticks/Syrup Fruit Juice Milk</p>	<p align="right">22</p> <p>Cinnamon Roll Fruit Juice Milk</p>
<p align="right">25</p> <p>Muffin or Cold Cereal Cheese Stick Fruit Juice Milk</p>	<p align="right">26</p> <p>Bagel Cream Cheese Fruit Juice Milk</p>	<p align="right">27</p> <p>Biscuit Sausage Patty Fruit Juice Milk</p>	<p align="right">28</p> <p>Mini Pancakes Syrup Fruit Juice Milk</p>	

OFFER

Cold Cereal will be
offered daily

FYI

**MENUS
SUBJECT TO
CHANGE**

Nutrition Fact

Start your day
right with a
healthy
breakfast