

**January 2019
PWMS
Lunch Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

	1 NO SCHOOL NEW YEARS DAY	2 Taco In A Bag Refried Beans Rice Veggie Bar Fruit Milk	3 Chicken Strips Fries Corn Veggie Bar Dinner Roll Fruit Milk	4 Sloppy Joe Tater Rounds Veggie Bar Fruit Milk
7 Meatballs Mashed Potatoes Glazed Carrots Dinner Roll Veggie Bar Fruit Milk	8 Mandarin Orange Chicken Over Rice Fajita Vegetables Veggie Bar Fruit Milk	9 Tater Tot Hotdish Dinner Roll Veggie Bar Fruit Milk	10 Breakfast For Lunch Veggie Bar Fruit Milk	11 Build a Burger Tots Baked Beans Veggie Bar Fruit Milk
14 Lasagna Garlic Toast Broccoli Veggie Bar Fruit Milk	15 Chicken Gravy Mashed Potatoes Veggie Bar Fruit Milk	16 Mac & Cheese Baked Beans Breadstick Veggie Bar Fruit Milk	17 Beef Tacos Refried Beans Rice Veggie Bar Fruit Milk	18 Popcorn Chicken Potato Rounds Dinner Roll Veggie Bar Fruit Milk
21 NO SCHOOL TEACHER WORKSHOP	22 Grilled Cheese Tomato Soup Green Beans Veggie Bar Fruit Milk	23 Hot Turkey Sandwich Mashed Potatoes/Gravy Veggie Bar Fruit Milk	24 Mini Corn Dog Baked Beans Broccoli Veggie Bar Fruit Milk	25 Chicken Taco Fajita Vegetables Rice Veggie Bar Fruit Milk
28 Teriyaki Chicken Over Rice Corn Veggie Bar Fruit Milk	29 Spaghetti/Meat Sauce Garlic Toast Veggie Bar Fruit Milk	30 Chicken Nuggets French Fries Snap Peas Dinner Roll Veggie Bar Fruit Milk	31 Build Your Own Sub Chips Veggie Bar Fruit Milk	

OFFER

**Cold Sandwich,
Hot Sandwich
& Pizza Option
will be offered
everyday**

FYI

**MENUS
SUBJECT TO
CHANGE**

**Food
Components**

**Meat
Fruit/Vegetable
Bread
Milk**

**MUST TAKE 3!!!
ONE OF 3 MUST
BE FRUIT OR
VEGETABLE FOR
REIMBURSEABLE
MEAL**

This institute is an equal opportunity
provider and employer.