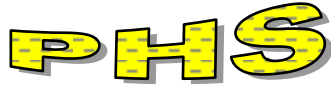


**January 2019
High School
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

	1 NO SCHOOL NEW YEARS DAY	2 Breakfast Pizza Fruit Juice Milk	3 Yogurt Parfait Fruit Juice Milk	4 Donut Cheese Stick Fruit Juice Milk
7 Granola Bar or Cold Cereal Yogurt Fruit Juice Milk	8 Frudel Cheese Stick Fruit Juice Milk	9 Muffin Cheese Stick Fruit Juice Milk	10 French Toast Stick/Syrup Fruit Juice Milk	11 Breakfast Pizza Fruit Juice Milk
14 Cereal Bar or Cold Cereal Yogurt Fruit Juice Milk	15 Breakfast Sandwich Fruit Juice Milk	16 Mini Pancakes Syrup Fruit Juice Milk	17 Breakfast Burrito Fruit Juice Milk	18 Mini Donut Cheese Stick Fruit Juice Milk
21 NO SCHOOL TEACHER WORKSHOP	22 Breakfast Pizza Fruit Juice Milk	23 French Toast Sticks/Syrup Fruit Juice Milk	24 Cream Cheese Bagel Bites Fruit Juice Milk	25 Cinnamon Roll Fruit Juice Milk
28 Cereal Bar or Cold Cereal Cheese Stick Fruit Juice Milk	29 Sausage & Cheese Breakfast Sandwich Fruit/Juice Milk	30 Muffin Yogurt Fruit Juice Milk	31 Pancake On A Stick Fruit Juice Milk	

OFFER

Cold Cereal will be
offered daily

FYI

**MENUS
SUBJECT TO
CHANGE**

Nutrition Fact

Start your day
right with a
healthy
breakfast