

January 2019 St. Henry's & St. Paul's Lunch Menu

All meals include choice of
Chocolate Skim, 1% or Skim Milk

	1 NO SCHOOL NEW YEARS DAY	2 Taco In A Bag Refried Beans Rice Salsa/Lettuce Fruit Milk	3 Mac & Cheese Broccoli/Ranch Baby Carrots Breadstick Fruit Milk	4 Chicken Strips Fries Corn Romaine/Ranch Dinner Roll Fruit Milk
7 Hamburger/Bun Tots Carrots Romaine/Ranch Fruit Milk	8 Grilled Cheese Tomato Soup Broccoli Fruit Milk	9 Sloppy Joe/Bun Smile Potatoes Mixed Vegetable Fruit Milk	10 Italian Dunkers Marinara Sauce Green Beans Carrots Fruit Milk	11 Hot Dog/Bun Baked Beans Cucumbers Fruit Milk
14 Mandarin Orange Chicken Over Rice Broccoli Fruit Milk	15 Corn Dog Baked Beans Broccoli Fruit Milk	16 Fish Sticks Smiley Potatoes Romaine/Ranch Fruit Milk	17 Lasagna Mixed Vegetable Garlic Toast Fruit Milk	18 Chicken Fajitas Peppers/Onions Romaine/Ranch Carrots Fruit Milk
21 NO SCHOOL TEACHER WORKSHOP	22 Beef Tacos Spanish Rice Refried Beans Carrots/Ranch Fruit Milk	23 BBQ Riblet/Bun Potato Rounds Romaine/Dressing Carrots Fruit Milk	24 Chicken Gravy Mashed Potatoes Corn Dinner Roll Fruit Milk	25 Pizza Green Beans Carrots/Ranch Fruit Milk
28 Spaghetti/Meat Sauce Garlic Toast Romaine/Dressing Carrots Fruit Milk	29 Chicken Nuggets French Fries Baked Beans Dinner Roll Fruit Milk	30 Beef Nachos Lettuce/Tomatoes Cucumbers Fruit Milk	31 Meatballs Mashed Potatoes Glazed Carrots Dinner Roll Fruit Milk	

OFFER

Must take 3 of the 4
Food Components
to make a
reimbursable meal.
Fruit & Vegetable
fall in same
category.

FYI

**MENUS
SUBJECT TO
CHANGE**

**Food
Components**

**Meat
Fruit/Vegetable
Bread
Milk**

This institute is an equal opportunity
provider and employer.