

**December 2018  
Heart Of The Lakes  
Breakfast Menu**



All meals include choice of  
Chocolate Skim, 1% or Skim Milk

3 <b>Granola Bar or Cold Cereal Cheese Stick</b> Fruit Juice Milk	4 <b>Dutch Waffle</b> Fruit Juice Milk	5 <b>Pancake On A Stick</b> Fruit Juice Milk	6 <b>Mini Bread Loaf Cheese Stick</b> Fruit Juice Milk	7 <b>Cinnamon Roll</b> Fruit Juice Milk
10 <b>Cereal Bar or Cold Cereal Cheese Stick</b> Fruit Juice Milk	11 <b>Breakfast Pizza</b> Fruit Juice Milk	12 <b>Mini Bagel Bites</b> Fruit Juice Milk	13 <b>French Toast Sticks/Syrup</b> Fruit Juice Milk	14 <b>Mini Donuts Cheese Stick</b> Fruit Juice Milk
17 <b>Muffin or Cold Cereal Cheese Stick</b> Fruit Juice Milk	18 <b>Bagel Cream Cheese</b> Fruit Juice Milk	19 <b>Biscuit Sausage Patty</b> Fruit Juice Milk	20 <b>Mini Pancakes Syrup</b> Fruit Juice Milk	21 <b>Nutri-grain Bar Cheese Stick</b> Fruit Juice Milk
24 <b>NO SCHOOL WINTER BREAK</b>	25 <b>NO SCHOOL WINTER BREAK</b>	26 <b>NO SCHOOL WINTER BREAK</b>	27 <b>NO SCHOOL WINTER BREAK</b>	28 <b>NO SCHOOL WINTER BREAK</b>
31 <b>NO SCHOOL WINTER BREAK</b>				

**OFFER**

Cold Cereal will be  
offered daily

**FYI**

**MENUS  
SUBJECT TO  
CHANGE**

**Nutrition Fact**

Start your day  
right with a  
healthy  
breakfast