

November 2018

PWMS

Lunch Menu



All meals include choice of
Chocolate Skim, 1% or Skim Milk

			1 Breakfast For Lunch Veggie Bar Fruit Milk	2 Build a Burger Tots Baked Beans Veggie Bar Fruit Milk
5 Lasagna Garlic Toast Broccoli Veggie Bar Fruit Milk	6 Chicken Gravy Mashed Potatoes Veggie Bar Fruit Milk	7 Mac & Cheese Baked Beans Breadstick Veggie Bar Fruit Milk	8 Beef Tacos Refried Beans Rice Veggie Bar Fruit Milk	9 Popcorn Chicken Potato Rounds Dinner Roll Veggie Bar Fruit Milk
12 Cheeseburger Smiley Potatoes Glazed Carrots Veggie Bar Fruit Milk	13 Chicken Patty/Bun Green Beans Veggie Bar Fruit Milk	14 Hot Turkey Sandwich Mashed Potatoes/Gravy Veggie Bar Fruit Milk	15 Corn Dog Baked Beans Broccoli Veggie Bar Fruit Milk	16 Chicken Fajitas Fajita Vegetables Rice Veggie Bar Fruit Milk
19 BBQ Riblet/Bun Scalloped Potatoes Corn Veggie Bar Fruit Milk	20 Spaghetti/Meat Sauce Garlic Toast Veggie Bar Fruit Milk	21 Chicken Nuggets French Fries Snap Peas Dinner Roll Veggie Bar Fruit Milk	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING BREAK
26 NO SCHOOL TEACHER WORKSHOP	27 Alfredo Broccoli Breadstick Veggie Bar Fruit Milk	28 Taco In A Bag Refried Beans Rice Veggie Bar Fruit Milk	29 Chicken Strips Fries Corn Veggie Bar Dinner Roll Fruit Milk	30 Sloppy Joe Tater Rounds Veggie Bar Fruit Milk

OFFER

**Cold Sandwich,
Hot Sandwich
& Pizza Option
will be offered
everyday**

FYI

**MENUS
SUBJECT TO
CHANGE**

**Food
Components**

**Meat
Fruit/Vegetable
Bread
Milk**

**MUST TAKE 3!!!
ONE OF 3 MUST
BE FRUIT OR
VEGETABLE FOR
REIMBURSEABLE
MEAL**

This institute is an equal opportunity
provider and employer.