

**November 2018
St. Henry's & St. Paul's
Lunch Menu**

All meals include choice of
Chocolate Skim, 1% or Skim Milk

			<p align="right">1</p> <p>Italian Dunkers Marinara Sauce Green Beans Carrots Fruit Milk</p>	<p align="right">2</p> <p>Hot Dog/Bun Baked Beans Cucumbers Fruit Milk</p>
<p align="right">5</p> <p>Chicken Alfredo Broccoli Breadstick Fruit Milk</p>	<p align="right">6</p> <p>Beef Tacos Spanish Rice Refried Beans Carrots/Ranch Fruit Milk</p>	<p align="right">7</p> <p>Fish Nuggets Smiley Potatoes Romaine/Ranch Fruit Milk</p>	<p align="right">8</p> <p>Lasagna Mixed Vegetable Garlic Toast Fruit Milk</p>	<p align="right">9</p> <p>Chicken Fajitas Peppers/Onions Romaine/Ranch Carrots Fruit Milk</p>
<p align="right">12</p> <p>Chicken Patty/Bun Glazed Carrots Celery/Ranch Fruit Milk</p>	<p align="right">13</p> <p>Corn Dog Baked Beans Broccoli Fruit Milk</p>	<p align="right">14</p> <p>BBQ Riblet/Bun Potato Rounds Romaine/Dressing Carrots Fruit Milk</p>	<p align="right">15</p> <p>Chicken Gravy Mashed Potatoes Corn Dinner Roll Fruit Milk</p>	<p align="right">16</p> <p>Pizza Green Beans Carrots/Ranch Fruit Milk</p>
<p align="right">19</p> <p>Spaghetti/Meat Sauce Garlic Toast Romaine/Dressing Carrots Fruit Milk</p>	<p align="right">20</p> <p>Chicken Nuggets French Fries Baked Beans Dinner Roll Fruit Milk</p>	<p align="right">21</p> <p>Beef Nachos Lettuce/Tomatoes Cucumbers Fruit Milk</p>	<p align="right">22</p> <p align="center">NO SCHOOL THANKSGIVING BREAK</p>	<p align="right">23</p> <p align="center">NO SCHOOL THANKSGIVING BREAK</p>
<p align="right">26</p> <p align="center">NO SCHOOL TEACHER WORKSHOP</p>	<p align="right">27</p> <p>Hot Ham & Cheese Scalloped Potatoes Romaine/Dressing Fruit Milk</p>	<p align="right">28</p> <p>Taco In A Bag Refried Beans Rice Salsa/Lettuce Fruit Milk</p>	<p align="right">29</p> <p>Mac & Cheese Broccoli/Ranch Baby Carrots Breadstick Fruit Milk</p>	<p align="right">30</p> <p>Chicken Strips Fries Corn Romaine/Ranch Dinner Roll Fruit Milk</p>

REIMBURSABLE

FYI

**Food
Components**

**Must take 1
serving Fruit or
Vegetable plus 2
items**

**MENUS
SUBJECT TO
CHANGE**

**Meat
Fruit/Vegetable
Bread
Milk**

This institute is an equal opportunity
provider and employer.

For questions, comments or concerns, please contact Krystal Boyd, Food Service Director at 218-346-1525