March 2018 Prairie Wind Middle School Breakfast Menu



All meals include choice of Chocolate Skim, 1% or Skim Milk

French Toast Sticks/Syrup Fruit Juice Milk

Yogurt Parfait Granola Fruit Juice Milk

Cereal Bar or Cold Cereal Cheese Stick

Fruit Juice Milk Sausage & Cheese Breakfast Sandwich Fruit/Juice

Milk

6

Mini Pancakes
Syrup
Fruit
Juice
Milk

Oatmeal Breakfast Bar Cheese Stick Fruit

ese Stick Fruit Juice Milk Breakfast
Pizza
Fruit
Juice
Milk

Muffin or Cold Cereal Cheese Stick

Fruit Juice Milk 13 **Breakfast Pizza**

Fruit Juice Milk Donut Cheese Stick

Fruit Juice Milk Sausage Breakfast Sandwich

Fruit Juice Milk French Toast Sticks/Syrup

Fruit Juice Milk

23

30

Granola Bar or Cold Cereal Cheese Stick

Fruit Juice Milk Cream Cheese Bagel Bites

Fruit Juice Milk 21 **Breakfast Pizza**

Fruit Juice Milk 22 Cinnamon Roll

Fruit Juice Milk Ham & Cheese Breakfast Square Hash Brown

Fruit Juice Milk

Pop Tart or Cold Cereal Cheese Stick

> Juice Milk

Mini Donuts

Fruit Juice Milk Pancake On A
Stick

Fruit Juice Milk 29

NO SCHOOL TEACHER WORKSHOP NO SCHOOL EASTER BREAK

OFFER

Cold Cereal will be offered daily

FYI

MENUS SUBJECT TO CHANGE **Nutrition Fact**

Start your day right with a healthy breakfast