

**April 2018
Heart Of The Lakes
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

2

NO SCHOOL
EASTER BREAK

3

**Mini Cream
Cheese Bagel
Bites**
Fruit
Juice
Milk

4

**Biscuit
Sausage Patty**
Fruit
Juice
Milk

5

**Mini Pancakes
Syrup**
Fruit
Juice
Milk

6

**Nutri-grain Bar
Cheese Stick**
Fruit
Juice
Milk

9

**Cereal Bar or
Cold Cereal
Cheese Stick**
Fruit
Juice
Milk

10

**Sausage &
Cheese
Breakfast
Sandwich**
Fruit/Juice
Milk

11

**Muffin
Yogurt**
Fruit
Juice
Milk

12

Breakfast Pizza
Fruit
Juice
Milk

13

**Oatmeal
Breakfast Bar
Cheese Stick**
Fruit
Juice
Milk

16

**Muffin or
Cold Cereal
Cheese Stick**
Fruit
Juice
Milk

17

**Bagel
Cream Cheese**
Fruit
Juice
Milk

18

**French Toast
Sticks/Syrup**
Fruit
Juice
Milk

19

**Waffles
Syrup**
Fruit
Juice
Milk

20

**Donut
Cheese Stick**
Fruit
Juice
Milk

23

**Breakfast
Round or
Cold Cereal
Cheese Stick**
Fruit
Juice
Milk

24

**Pancakes
Sausage Link**
Fruit
Juice
Milk

25

**Muffin
Yogurt**
Fruit
Juice
Milk

26

**Mini Bread
Loaf
Cheese Stick**
Fruit
Juice
Milk

27

**Dutch Waffle
Syrup**
Fruit
Juice
Milk

30

**Pop Tart or
Cold Cereal
Cheese Stick**
Fruit
Juice
Milk

OFFER

FYI

Nutrition Fact

Cold Cereal will be
offered daily

**MENUS
SUBJECT TO
CHANGE**

Start your day
right with a
healthy
breakfast