

**February 2018
Heart Of The Lakes
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

			1 Breakfast Pizza Fruit Juice Milk	2 Oatmeal Breakfast Bar Cheese Stick Fruit Juice Milk
5 Muffin or Cold Cereal Cheese Stick Fruit Juice Milk	6 Frudel Cheese Stick Fruit Juice Milk	7 French Toast Sticks/Syrup Fruit Juice Milk	8 Waffles Syrup Fruit Juice Milk	9 Donut Cheese Stick Fruit Juice Milk
12 Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk	13 Pancakes Sausage Link Fruit Juice Milk	14 Muffin Yogurt Fruit Juice Milk	15 Mini Bread Loaf Cheese Stick Fruit Juice Milk	16 TEACHER WORKSHOP
19 NO SCHOOL	20 Breakfast Pizza Fruit Juice Milk	21 French Toast Sticks/Syrup Fruit Juice Milk	22 Pancake On A Stick Fruit Juice Milk	23 Dutch Waffle Syrup Fruit Juice Milk
26 Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk	27 Mini Cream Cheese Bagel Bites Fruit Juice Milk	28 Biscuit Sausage Patty Fruit Juice Milk		

OFFER

Cold Cereal will be
offered daily

FYI

**MENUS
SUBJECT TO
CHANGE**

Nutrition Fact

Start your day
right with a
healthy
breakfast