

**January 2018
Prairie Wind Middle School
Breakfast Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

	2 Breakfast Pizza Fruit Juice Milk	3 Donut Cheese Stick Fruit Juice Milk	4 Sausage Breakfast Sandwich Fruit Juice Milk	5 French Toast Sticks/Syrup Fruit Juice Milk
8 Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk	9 Frudel Cheese Stick Fruit Juice Milk	10 Breakfast Pizza Fruit Juice Milk	11 Cinnamon Roll Fruit Juice Milk	12 Ham & Cheese Breakfast Square Hashbrown Fruit/Juice Milk
15 NO SCHOOL	16 Mini Donuts Fruit Juice Milk	17 Pancake On A Stick Fruit Juice Milk	18 French Toast Sticks/Syrup Fruit Juice Milk	19 Dutch Waffle Syrup Fruit Juice Milk
22 Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk	23 Breakfast Pizza Fruit Juice Milk	24 Biscuits & Gravy Fruit Juice Milk	25 French Toast Sticks Syrup Fruit Juice Milk	26 Yogurt Parfait Fruit Juice Milk
29 Cereal Bar or Cold Cereal Cheese Stick Fruit Juice Milk	30 Sausage & Cheese Breakfast Sandwich Fruit/Juice Milk	31 Pancakes Syrup Fruit Juice Milk		

OFFER

Cold Cereal will be
offered daily

FYI

**MENUS
SUBJECT TO
CHANGE**

Nutrition Fact

Start your day
right with a
healthy
breakfast