

DECEMBER 2017
Prairie Wind Middle School
Breakfast Menu



All meals include choice of
 Chocolate Skim, 1% or Skim Milk

				1 French Toast Sticks/Syrup Fruit Juice Milk
4 Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk	5 Frudel Cheese Stick Fruit Juice Milk	6 Breakfast Pizza Fruit Juice Milk	7 Cinnamon Roll Fruit Juice Milk	8 Ham & Cheese Breakfast Square Hashbrown Fruit/Juice Milk
11 Pop Tart or Cold Cereal Cheese Stick Fruit Juice Milk	12 Mini Donuts Fruit Juice Milk	13 Pancake On A Stick Fruit Juice Milk	14 French Toast Sticks/Syrup Fruit Juice Milk	15 Dutch Waffle Syrup Fruit Juice Milk
18 Granola Bar or Cold Cereal Cheese Stick Fruit Juice Milk	19 Breakfast Pizza Fruit Juice Milk	20 Biscuits & Gravy Fruit Juice Milk	21 French Toast Sticks Syrup Fruit Juice Milk	22 Yogurt Parfait Fruit Juice Milk
25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK

OFFER

Cold Cereal will be offered daily

FYI

**MENUS
SUBJECT TO
CHANGE**

Nutrition Fact

Start your day right with a healthy breakfast