

**December 2017  
Heart Of The Lakes  
Breakfast Menu**



All meals include choice of  
Chocolate Skim, 1% or Skim Milk

				<b>Donut</b> <b>Cheese Stick</b> Fruit Juice Milk
<b>Granola Bar or Cold Cereal Cheese Stick</b> Fruit Juice Milk	<b>Muffin Yogurt</b> Fruit Juice Milk	<b>Pancakes Sausage Link</b> Fruit Juice Milk	<b>Mini Bread Loaf Cheese Stick</b> Fruit Juice Milk	<b>Cinnamon Roll</b> Fruit Juice Milk
<b>Pop Tart or Cold Cereal Cheese Stick</b> Fruit Juice Milk	<b>Breakfast Pizza</b> Fruit Juice Milk	<b>Pancake On A Stick</b> Fruit Juice Milk	<b>French Toast Sticks/Syrup</b> Fruit Juice Milk	<b>Dutch Waffle Syrup</b> Fruit Juice Milk
<b>Granola Bar or Cold Cereal Cheese Stick</b> Fruit Juice Milk	<b>Mini Cream Cheese Bagel</b> Fruit Juice Milk	<b>Biscuit Sausage Patty</b> Fruit Juice Milk	<b>Mini Pancakes Syrup</b> Fruit Juice Milk	<b>Nutri-grain Bar Cheese Stick</b> Fruit Juice Milk
<b>NO SCHOOL WINTER BREAK</b>	<b>NO SCHOOL WINTER BREAK</b>			

**OFFER**

Cold Cereal will be  
offered daily

**FYI**

**MENUS  
SUBJECT TO  
CHANGE**

**Nutrition Fact**

Start your day  
right with a  
healthy  
breakfast