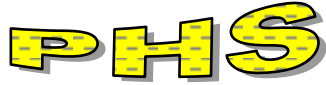
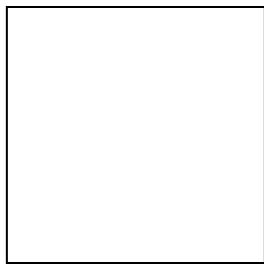
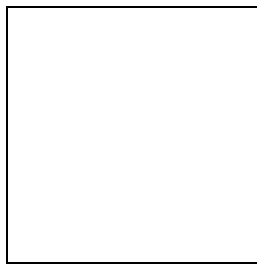


NOVEMBER 2017

High School
Breakfast Menu



All meals include choice of
Chocolate Skim, 1% or Skim Milk



1
Cinnamon Roll
Fruit
Juice
Milk

2
**Ham, Egg & Cheese
Breakfast Square
Hashbrown
Cheese Stick**
Fruit
Juice
Milk

3
**Pancakes
Sausage Link**
Fruit
Juice
Milk

6
**Pop Tart or
Cold Cereal
Cheese Stick**
Fruit
Juice
Milk

7
Breakfast Pizza
Fruit
Juice
Milk

8
**Pancake On A
Stick**
Fruit
Juice
Milk

9
**French Toast
Sticks/Syrup**
Fruit
Juice
Milk

10
**Dutch Waffle
Syrup**
Fruit
Juice
Milk

13
**Granola Bar or
Cold Cereal
Cheese Stick**
Fruit
Juice
Milk

14
**Bagel
Cream Cheese**
Fruit
Juice
Milk

15
Cinnamon Roll
Fruit
Juice
Milk

16
**Biscuit
Sausage Patty**
Fruit
Juice
Milk

17
**Muffin
Yogurt**
Fruit
Juice
Milk

20
**Cereal Bar or
Cold Cereal
Cheese Stick**
Fruit
Juice
Milk

21
**Sausage &
Cheese
Breakfast
Sandwich**
Fruit/Juice
Milk

22
**Pancakes
Syrup**
Fruit
Juice
Milk

23
THANKSGIVING
BREAK

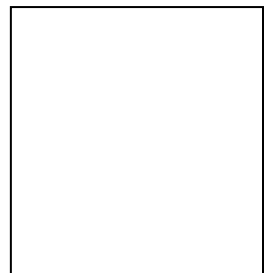
24
THANKSGIVING
BREAK

27
TEACHER
WORKSHOP

28
**Omelet
Hashbrown**
Fruit
Juice
Milk

29
**Donut
Cheese Stick**
Fruit
Juice
Milk

30
**Waffles
Syrup**
Fruit
Juice
Milk



OFFER

FYI

Nutrition Fact

Cold Cereal will be
offered daily

MENUS
SUBJECT TO
CHANGE

Start your day
right with a
healthy
breakfast