

November 2017

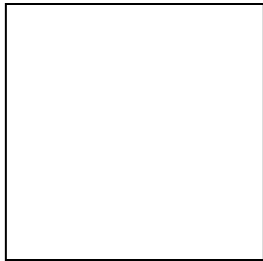
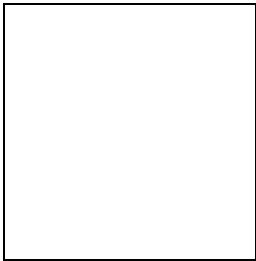
St. Henry's &

St. Paul's

Lunch Menu



All meals include choice of
Chocolate Skim, 1% or Skim Milk



1
Hot Turkey
Sandwich
Mashed Potatoes
Gravy
Fruit
Milk

2
BBQ Riblet/Bun
Tots
Carrots
Romaine/Ranch
Fruit
Milk

3
Chicken
Patty/Bun
Baked Beans
Celery/Ranch
Fruit
Milk

6
Fajitas
Fajita Vegetables
Rice
Romaine
Tomatoes
Fruit
Milk

7
Sloppy Joe
Tots
Carrots
Fruit
Milk

8
Corn Dog
Baked Beans
Broccoli
Fruit
Milk

9
Turkey Gravy
Mashed Potatoes
Corn
Dinner Roll
Fruit
Milk

10
Pizza
Green Beans
Carrots/Ranch
Romaine
Fruit
Milk

13
Cheeseburger
Corn
Romaine/Dressing
Fruit
Milk

14
Alfredo
Broccoli
Breadstick
Carrots
Fruit
Milk

15
Tacos
Spanish Rice
Mixed Vegetable
Salsa/Lettuce
Fruit
Milk

16
Grilled Chicken
Sandwich
Glazed Carrots
Lettuce/Tomato
Fruit
Milk

17
Hot Dog/Bun
Baked Beans
Cucumbers
Fruit
Milk

20
Spaghetti/Meat
Sauce
Garlic Bread
Romaine/Dressing
Carrots
Fruit
Milk

21
Chicken Nuggets
French Fries
Peas
Dinner Roll
Fruit
Milk

22
Beef Nachos
Lettuce/Tomatoes
Cucumbers
Fruit
Milk

23
THANKSGIVING
BREAK

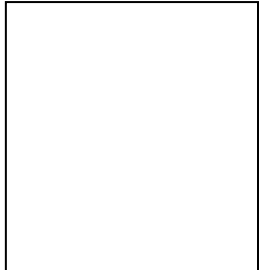
24
THANKSGIVING
BREAK

27
TEACHER
WORKSHOP

28
Hot Ham &
Cheese
Scalloped
Potatoes
Romaine/Dressing
Fruit
Milk

29
Taco In A Bag
Refried Beans
Salsa/Lettuce
Fruit
Milk

30
Mac & Cheese
Broccoli/Ranch
Baby Carrots
Breadstick
Fruit
Milk



OFFER

Must take ½ cup
fruit/vegetable plus
2 other items to be
count as
reimbursable

FYI

**MENUS
SUBJECT TO
CHANGE**

**Food
Components**

**Meat
Fruit/Vegetable
Bread
Milk**

This institute is an equal opportunity
provider and employer.

For questions, comments or concerns, please contact Krystal Boyd, Food Service Director at 218-346-1525