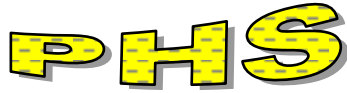


**October 2017
High School
Lunch Menu**



All meals include choice of
Chocolate Skim, 1% or Skim Milk

2

Chicken
Patty/Bun
Baked Beans
Veggie Bar
Fruit
Milk

3

Sloppy Joe
Tots
Veggie Bar
Fruit
Milk

4

Fajitas
Fajita Vegetables
Rice
Veggie Bar
Fruit
Milk

5

Chicken Gravy
Mashed Potatoes
Corn
Dinner Roll
Veggie Bar
Fruit
Milk

6

Shrimp Poppers
Crinkle Fries
Green Peas
Biscuit
Veggie Bar
Fruit
Milk

9

Mac & Cheese
Mixed Vegetable
Breadstick
Veggie Bar
Fruit
Milk

10

Taco Bowl
Veggie Bar
Fruit
Milk

11

BBQ Riblet/Bun
Scalloped Potatoes
Corn
Veggie Bar
Fruit
Milk

12

Corn Dog
Baked Beans
Broccoli
Veggie Bar
Fruit
Milk

13

Build a Burger
Tots
Green Beans
Veggie Bar
Fruit
Milk

16

Ravioli/Meat Sauce
Garlic Bread
Veggie Bar
Fruit
Milk

17

Chicken Nuggets
French Fries
Peas
Dinner Roll
Veggie Bar
Fruit
Milk

18

Beef Tacos
Corn
Veggie Bar
Fruit
Milk

19

MEA BREAK

NO SCHOOL

20

MEA BREAK

NO SCHOOL

23

MEA BREAK

NO SCHOOL

24

Hot Ham & Cheese
Scalloped Potatoes
Veggie Bar
Fruit
Milk

25

Taco In A Bag
Refried Beans
Rice
Veggie Bar
Fruit
Milk

26

Build Your Own
Sub
Potato Rounds
Veggie Bar
Fruit
Milk

27

Chicken Strips
Fries
Corn
Dinner Roll
Veggie Bar
Fruit
Milk

30

Italian Dunkers
Marinara Sauce
Green Beans
Veggie Bar
Fruit
Milk

31

Lasagna Roll Up
Mixed Vegetable
Breadstick
Veggie Bar
Fruit
Milk

OFFER

**Alternate
Option will be
offered
everyday**

FYI

**MENUS
SUBJECT TO
CHANGE**

THE BUZZ

**Assorted
Sandwiches,
Wraps & Salads
are available daily**

**Student MUST
take ½ c
fruit/veggie + 2
other items to
count as
reimbursable meal**

This institute is an equal opportunity
provider and employer.

For questions, comments or concerns, please contact Krystal Boyd, Food Service Director at 218-346-1525